

# Children Program Weekday Schedule

<b>MORNING</b>		
7:00	Good Morning!	The nursing team will take your child's vital signs to monitor their health.
7:35	Breakfast	Breakfast is served in the dining room.
8:00	Recreation Therapy	This group encourages well-being using exercise as a way to manage stress.
8:45	Goals Group	This group is an opportunity for your child to set and achieve goals related to their specific issues.
9:00	Group Therapy	Attendance at this therapeutic group is by your child's physician referral. This group is led by a clinician.
9:45	Recess	Your child will be rewarded a recess activity after receiving 6 tokens.
10:00	Character Counts/Social Skills	This group provides your child the opportunity to learn and build upon important personal characteristics and values.
11:00	Expressive Group	This group offers a venue for your child to find ways to deal with feelings and problems in a variety of ways.
12:00	Lunch	Lunch is served in the dining room.
<b>AFTERNOON</b>		
12:30	Quiet Time	Quiet time provides your child with the opportunity to refocus their energy.
1:00	Expressive Group	This group offers a venue for your child to find ways to deal with feelings and problems in a variety of ways.
2:00	Recess	Your child will be rewarded a recess activity after receiving 6 tokens.
2:15	School	Your child will participate in a two hour structured educational program for continued learning.
4:00	Leisure/Snack	This group allows for review of the daily goal.
4:30	Goals Review	Your child will be rewarded a recess activity after receiving 6 tokens.
5:00	Recess	Dinner is served in the dining room.
<b>EVENING</b>		
5:30 - 7:00	Visiting Hours	This provides an opportunity for you to visit your child and get updates from the team. Quality time with your child can be an important part of your child's recovery.
	Quiet Time/Showers	Team members will assist and assure your child's hygiene tasks are complete.
6:30	Evening Activity	This activity will allow for your child to settle into a quiet bedtime routine.
8:00	In Room Time Story Time	Staff will offer a book and a prayer if your child desires to assist in settling into a quiet bedtime routine.
8:30	Lights Out Good Night!	Good night and sweet dreams!

\* Over for weekend schedule

# Children Program Weekend Schedule

<b>MORNING</b>		
8:00	Good Morning! Breakfast Cartoons	The nursing team will take your child's vital signs to monitor their health. Breakfast is served in the dining room.
9:00	Recreation Therapy	This group encourages well-being using exercise as a way to manage stress.
9:30	Recess	Your child will be rewarded a recess activity after receiving 6 tokens.
9:45	Goals Group	This group is an opportunity for your child to set and achieve goals related to their specific issues.
10:00	Expressive Group	This group offers a venue for your child to find ways to deal with feelings and problems in a variety of ways.
11:00	Spirituality Group	Spirituality group is offered to help meet your child's spiritual and emotional needs.
12:00	Lunch	Lunch is served in the dining room.
<b>AFTERNOON</b>		
12:30	Quiet Time	Quiet time provides your child with the opportunity to refocus their energy.
12:30 - 4:00	Visiting Hours	We encourage family to visit during this time. Location: 4400 W 69th St, Children's Wing
1:00	Expressive Group	This group offers a venue for your child to find ways to deal with feelings and problems in variety of ways.
2:00	Recess	Your child will be rewarded a recess activity after receiving 6 tokens.
2:15	Character Counts (Sat.) Unit Beautification (Sun.)	This group provides your child the opportunity to learn and build upon important personal characteristics and values.
3:00	Leisure/Snack	The team will provide a structured time for your child to play.
4:00	Goals Review	This group allows for review of the daily goal.
4:30	Recess	Your child will be rewarded a recess activity after receiving 6 tokens.
5:00	Dinner	Dinner is served in the dining room.
<b>EVENING</b>		
5:30 - 7:00	Visiting Hours Quiet Time/Showers	This provides an opportunity for you to visit your child and get updates from the team. Quality time with your child can be an important part of your child's recovery. Team members will assist and assure your child's hygiene tasks are complete.
6:30	Evening Activity	This activity will allow for your child to settle into a quiet bedtime routine.
8:00	In Room Time Story Time	Staff will offer a book and a prayer if your child desires to assist in settling into a quiet bedtime routine.
8:30	Lights Out Good Night!	Good night and sweet dreams!

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